## Ephesians 6:10-17 ¦ the battle and the armour

### 1. The battle (10-13)

### Be strong in the Lord

"in the Lord... (10) his mighty power (10) armour of God (11,13)

As for our salvation, our preservation rests on Christ and his strength

# The struggle (12)

Not against material powers but the devil and spiritual forces "in the heavenly realms" (3:10)

# We need to stand firm (13)

Temptation, accusation, lies

Take stand (11) stand (13) stand ground, stand (13b) stand firm... (14)

Not giving up believing, serving, witnessing

When we thinking about spiritual battle, keeping the faith – focus in Christ not yourself

But be aware of the there is a battle

#### 2. The armour

All centred on Christ but we do need to take up the armour a strong imperative from Paul

Truth around your waste – what holds everything together

Breastplate of righteousness: what you are in Christ, how you seek to live for Christ

Gospel boots – firm on the gospel, ready to run with the gospel

Shield of faith in Christ protects us from accusation

Helmet of salvation confidence we have been and we will be saved

How are your spiritual disciplines to fit you up for each day?